International Conference on Social Pediatrics and Children's Rights

17th STATE of the ART Adolescent Health/Medicine Congress (Joint event)

October 10-12th 2024
National and Kapodistrian University of Athens (N.K.U.A.)
Panepistimiou 30, Athens, Greece

Organised by the:

in collaboration with
Invitation

Dear Colleagues,

The joint International Conference on Social Pediatrics and Children's Rights and 17th STATE OF THE ART Adolescent Medicine/Health Congress will take place in Athens on October 10-12th, 2024. This important convening of the International Society for Social Pediatrics and Child Health (ISSOP) and the Greek/Hellenic Society for Adolescent Medicine (GSAM) will focus on the growing and sometimes existential challenges youth are confronting globally—in low, medium and high-income countries.

Knowledge and experience of colleagues from around the world dealing with the physical and psychosocial aspects of the burdens and co-morbidities impacting young people will be addressed with strategies generated to launch collaborative international and interdisciplinary responses. We will also update knowledge on important adolescent medical and health issues, including nutrition, vaccination, skin conditions, contraception, sports medicine, and ID.

The conference will engage colleagues from around the world in workshops, plenaries, oral and poster sessions, and in strategic planning sessions to sustain the collaborative work of the conference participants. Youth participation will inform and enrich all aspects of the conference, and provide credibility and validity for our joint endeavors into the future.

The venue of Athens as a city of memorable beauty with a deep history of healing from the roots of humanity has a symbolism that will infuse this convening. The ORIGAMI CRANE is a symbol that calls for solidarity in our global pursuit for hope and a better life for all-- through the myth a Japanese girl, Sadako.

Our social program will establish space to engage personally to establish a foundation of colleagueship to sustain our ongoing work and friendships. We hope you will also use your time in Athens to visit famous museums and monuments, and to explore nearby cultural destinations, such as Sounion, Delphi and Nafplion-Epidaurus, that will further enrich your experience.

We are looking forward to seeing you in Athens-Greece! Please come to share your knowledge and experience and your commitment and passion for the wellbeing of children and families, and to launch our future collaboration.

For those who are interested, we will offer the opportunity to visit a facility/camp housing migrant children. More information to follow.

On behalf of ISSOP and G.S.A.M

Prof Jeffrey Goldhagen, USA, ISSOP President
As. Prof Artemis K. Tsitsika Greece, GSAM President
International Conference on Social Pediatrics and Children’s Rights

Scientific Committee

Presidents: J. Goldhagen U.S.A.,
A. Tsitsika Greece

Co-Presidents: S. Gander, Canada
N. Spencer, U.K.
D. Zafeiriou – Greece

Secretaries Hon: V. Baltag, WHO, Switzerland
D. Jourdan, UNESCO Chair GHE, France

Secretaries Gen: F. Craig, UK
R. Nathawad, U.S.A.
M. Wahba, Egypt

Members: J. Breda, Spain, W.H.O.
D.E. Greydanus, U.S.A.
E. Ntzani, Greece
S. Papadakou, Greece
M. Weber, W.H.O.
T. Yepoyan, UNESCO ITE

Local Organizing Committee

Presidents: A. Margariti-Andrews
A. Tsitsika

Co-Presidents: R. Moraitaki-Pikrou
A. Passiou

Secretary: T. Sergentanis

Treasurer: E. Markaki

Members: V. Boumba
C. Daloukas
K. Kalianiotis
E. Kogiannaki
N. Kozeis
E. Panagouli
A. Thirios
E. Tzila

Local Honorary Committee

Youth Council
A. Andrews, F. Archontovasilis, N. Baklesis, N. Christopoulos, D. Despotidis, E. Pahnioti,
N. Papageorgiou-Karadima, I. Pitsakis, A. Polymenakou, A. Safari
Thursday, October 10th. 2024
Pre-conference workshops

Auditorium “Alkis Argyriadis”/ Hall A

9.00-11.30 Workshop 1 – Mental Health and Substance Abuse
Facilitators: L. Reali, S. Gander, M. Kyriakopoulos

Youth Council Participants

11.30-14.00 Workshop 2 – Community Approaches to the Care of Adolescents
Facilitators: V. Baltag, D. Wood, S. Soto

Youth Council Participants

14.00-15.30 Lunch Break

15.30-17.00 Workshop 3 – Addressing the Needs and Rights of Youth in State Care
Facilitators: A. Hjern, S. Logan, S. Tsitoura

Youth Council Participants

17.00 -19.30 Workshop 4 – Transition from Pediatrics to Adult Services
Facilitators: R. Nathawad, T. Sergentanis, D. Wood

Youth Council Participants

Please check details about the workshops at the end of the program

Friday, October 11th, 2024

Auditorium “Alkis Argyriadis”/ Hall A

09.00 -10.00 Plenary Lecture 1
Climate Change and Health
Chair: E. Petridou
Speaker: E. Weimann

Youth council participation

10.00 -10.30 Coffee Break
10.30 -12.30  **Symposium 1.**
Alternate forms of Violence Against Youth,
Chairs: N. Zafar, H. Moskoff

*Climate change as a form of violence,* C. Kraft
*Forced Migration,* S. Yildiz
*Loss of Identity,* R. Sacy
*Street and Working Children,* J. Gunnlaugsson

12.30-13.00  **Lecture 1:**
How Child Rights informs the Work of Child Health Professionals
Chairs: D. Jourdan, M. Wahba
Speaker: D. Koller

13.00-13.30  **Satellite Lecture**
HPV infection and prevention policies/vaccination
Chair: T. Zaoutis
Speaker: A. Tsitsika

13.30-15.00  **Lunch Break**

15.00 -16.00  **Plenary Lecture 2:**  Smoking, Vaping and Hookahs
Chairs: G. Siasos
Speaker: M. Weitzman

*Youth council participation*

16.00-18.00  **Symposium 2.**  Addressing Gender and Sexuality in Adolescents
Chairs: E. Haghnazarian, L. Markaki

*Gender Incompatibility and the rights of LGBTQ youth,* L. Reali
*LGBTQ friendly services,* S. Manetti
*Glorious Sex Industry,* N. Papageorgiou Karadima
(UNESCO youth council)

*Youth Participation*

18.00 -19.00  **Oral Presentations 1**
Presidents: M. Charakida, D. Maritsi

19.30-20.30  **Opening Ceremony**
*University of Athens Building/Aula Ceremony Hall*

20.30  **Welcome Reception - Costis Palamas Building**
Friday, October 11th, 2024
Auditorium “Ioannis Drakopoulos” / Hall B

01.30-11.30 Oral Presentations 2
Presidents: P. Christopoulos. L. Kossiva

11.30-13.00 Symposium 3
Impact of Covid: What We Have Learned
Chair: P. Lagiou, N. Spencer

Mental health impact, D. Wood
School performance and difficulties, G. Gunnlaugsson
Early Child development, D Koller

Youth council participation

13.00-13.30 HPV Plenary Satellite - Hall A

13.30-15.00 Lunch Break

16.00-17.00 Round Table 1.
Youth mental health: prevention and innovation strategies
Chairs: D.E. Greydanus, A.Tsitsika

Suicide in the Adolescent: A Preventable Tragedy, D.E. Greydanus
Supporting youth mental health mental health through arts-based services, A. Passiou

17.00- 19.00 Round Table 2.
The Digital World - Artificial Intelligence and post-modern stress
Chairs: M. Weitzman, T. Yepoyan

Child Rights in the Digital World, G. Lansdown
Artificial intelligence: A future for humanity, P. Vlamos
Post-modern stress, G. Yilmaz
Sexualization - Generation “Sephora”, A. Tsitsika

Comments: C. Kraft

Youth Council Participation
### International Conference on Social Pediatrics and Children’s Rights

**Saturday, October 12th, 2024**  
Auditorium “Alkis Argyriadis”/Hall A

<table>
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| 09.00-10.00   | **Plenary Lecture 3.**  
The History and Future of Social Pediatrics  
Chair: J. Goldhagen  
Speaker: N. Spencer |
| 10.00-10.30   | Coffee Break                                                        |
| 10.30-12.30   | **Symposium 4:**  
Hellenic Society for Social Pediatrics  
Community Pediatrics as a catalyst for Achieving One Health  
Chairs: D. Zafeiriou, N. Skenteris  
*Antimicrobial Resistance (AMR), T. Zaoutis*  
*Children’s Rights and Environmental Health, C. Christodoulou*  
*Healing Roots: Fostering child health resilience in a complex world, E. Ntzanis*  
*Endocrine Disruptors, D. Papadimitriou* |
| 12.30-13.30   | **Round Table 3**  
Hellenic Dietetic Association  
Nutrition as a human right- Nutritional concerns of the youth  
Chairs: A. Vlassopoulos, A. Passiou  
*Eating disorders and the perilous pursuit for «perfect» diets, C. Katsagoni*  
*Stigma in society and healthcare- Learnings from weight stigma, E. Bathrellou*  
*Nutrition for a sustainable future, A. Kolomvotsou* |
| 13.30-15.00   | Lunch Break                                                          |
| 13.30-14.00   | **Poster Presentations 1**  
Presidents: E. Panagouli, Ch. Koutsafiki |
| 15.00-16.00   | **Plenary Lecture 4:** Protection of youth in low and middle income countries  
Chair: A. Hjern  
Speaker: N. Zafar  
*Youth council participation* |
16.00-17.30  **HACHATHON “SELMA” Youth Contest**  
Theme: Empathy for people with disabilities  
Coordinators: V Boumba, L. Christaki, A. Thirios  
Comments: A. Margariti, R. Moraitaki Pikrou

17.30-19.00  **Convene Together for final Session**  
Chairs: J. Goldhagen, A. Tsitsika  
Next Steps: MoU (ISSOP and GSAM)

Award Ceremony
Closing Remarks

21.00  **GALA DINNER**

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**Saturday, October 12th, 2024**  
Auditorium “Ioannis Drakopoulous” / Hall B

10.30-12.00  **Symposium 5**  
Climate Crisis and Environmental Health  
Chairs: C. Kraft, J. Breda, E. Weimann  
*Climate Change and Migration*, N. Elyasi  
*Climate Change and Mental Health*, G. Ercan  
*Climate Change and Gender Inequality*, E. Haghnavazarian and A. Mallorga-Hernandez  
*Resilience and examples to address the root cause*, I. Seeni

12.00-13.30  **Round Table 4:**  
Perinatal Medicine Society  
Chairs: A. Charitou, G. Daskalakis  
*Breaking bad news to parents*, P. Antsaklis  
*Gestational Diabetes in Refugee and Immigrant Women*, P. Pappa  
*Low birth rate and ageing population in Greece*, G. Daskalakis

13.30-15.00  **Lunch Break**

15.00-15.30  **Lecture 5**  
Hellenic Society of Pediatric and Adolescent Gynecology  
Chairs: G. Creatsas, TBA  
*Fertility preservation in adolescents (post menarche)*, N. Vlahos
Lecture 6

Chairs: S. Papadakou, Em. Tsalamanios

Optimizing Adolescent and Youth Mental Health Services for Gen Z in Greece: Challenges and Opportunities
I. Giannopoulou

Convene Together for Youth Contest HACHATHON “SELMA” and final Session (Hall A)

GALA DINNER
A. 
Panagiotis Antsaklis  
Assistant Professor of Obstetrics-Gynecology, First Department of Obstetrics & Gynecology, National and Kapodistrian University of Athens, “Alexandra” General Hospital Athens, Greece

Christos Christodoulou  
Professor of Epidemiology and Hygiene - Medical School, University of Thessaly President of the National Organization for Public Health

B.  
Valentina Baltag  
Unit Head, Adolescent and Young Adult Health, Department of Maternal, Newborn, Child & Adolescent Health & Ageing, World Health Organization - Geneva, Switzerland

Panagiotis Christopoulos  
Assistant Professor of Pediatric and Adolescent Gynecology, Second Dpt of Obstetrics and Gynecology- National and Kapodistrian University of Athens School of Medicine, »Aretaion» University Hospital of Athens-Greece

E.  
George K .Creatsas  
MD, FACS, FRCOG (ae), FACOG (ae), Professor emeritus of Obstetrics and Gynecology, National and Kapodistrian University of Athens, Greece

Gozde Ercan,  
MD, Attending Physician, Ilhan Varank Training and Research Hospital, Istanbul, Turkiye

G.  
Sarah Gander,  
Dr- Horizon NB

João Breda  
Head, Athens Office Quality of Care Special Adviser for the Regional Director Division of Country Health Policies & Systems, WHO Greece

Antonia Charitou  
Pediatrician- Neonatologist and Intensivist President of the Hellenic Society of Perinatal Medicine, Member of the Executive Board of UENPS (Union of European Perinatal and Neonatal Societies)

Lily Christaki  
Psychologist, MSc “Strategies of Developmental and Adolescent Health” School of Medicine, National and Kapodistrian University of Athens, Greece

George Daskalakis  
Professor and Chair, First Dpt of Obstetrics and Gynecology, National and Kapodistrian University of Athens, “Alexandra” General Hospital, Athens, Greece

Niki Elyasi,  
MD, Resident Pediatrician, Children’s Hospital Los Angeles

Sarah Gander,  
Dr- Horizon NB

Ioanna Giannopoulo  
Assoc. Professor of Child and Adolescent Psychiatry Faculty of Medicine, University of Athens “ATTIKON” University Hospital, Greece

Jeffrey Goldhagen  
M.D., MPH, Professor and Chief, Division
of Community and Societal Pediatrics, University of Florida College of Medicine-Jacksonville, President, International Society for Social, Pediatrics and Child Health (ISSOP)

**Donald E. Greydanus**
Emeritus Professor of Pediatrics and Adolescent Medicine, Dpt of Pediatric and Adolescent Medicine, Western Michigan University Homer Stryker M.D. School of Medicine, Kalamazoo, USA

**Geir Gunnlaugsson**
MD, PhD, Pediatrician, Emeritus Professor of Global Health at the Faculty of Sociology, Anthropology, and Folkloristics -University of Iceland

**H. Edith Haghnazarian,**
MD, FAAP, Attending Physician, Children’s Hospital Los Angeles

**Anders Hjern**
MD, Professor of Social Epidemiology of Children and Youth at Karolinska Institute, Stockholm, Sweden

**J. Didier Jourdan**
Professor and Chair of the UNESCO Chair “Global Health and Education” and Head of the WHO Collaborating Centre for “Research in Education and Health”
Paris - France

**K. Christina Katsagoni, PhD Dietitian - “Agia Sofia” Children’s Hospital**

**Donna Koller, Professor of Early Childhood Studies - Tomto Metropolitan University - Canada**

**Anastasia Kolomvotsou, PhD Secretary of Education HDA, Dietitian Polyclinic of Olympic Village**

**Lydia Kossiva**
Associate Professor of Pediatrics, Second Dpt of Pediatrics, National and Kapodistrian University of Athens,”P.&A. Kyriakou Children’s Hospital, Athens-Greece

**Chrysi Koutsafiki**
MD. MSc, Consultant Paediatrician, Health Care Centre of Rafina, Athens-Greece
Editorial team of the Journal of Developmental and Adolescent Health (JDAH)

**Colleen Kraft**
Professor of Pediatrics - Keck School of Medicine of the University of Southern California, U.S.A.
Past President of the American Acaedemy of Pediatrics

**Marinos Kyriakopoulos**
Assistant Professor in Child and Adolescent Psychiatry 1st Department of Psychiatry-National and Kapodistrian University of Athens Vyronas-Kessariani Community Mental Health Centre Eginition Hospital

**L. Gerison Lansdown**
Founding Director of the Children’s Rights Alliance for England,

**Pagona Lagiou**
Professor and Chair, Dpt of Hygiene, Epidemiology and Medical Statistics, School of Medicine, National and Kapodistrian University of Athens, Greece; Adjunct Professor of Epidemiology, Harvard T. H. Chan School of Public Health, USA

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**M. Alejandra Mallorga-Hernandez,**
MD, MPH, Resident Pediatrician, Children’s Hospital Los Angeles

Stefania Manetti
President of the ACP Italian Cultural Association

Angeliki Margariti-Andrews
Dental Surgeon PhD, Honorary Vice President LIFELINE Hellas
GSAM Ambassador for the development of youth friendly services and social emotional empowerment of young people

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Lilian Markaki
Psychiatrist, Board Member of the Hellenic Psychiatric Society & Medical Association of Athens, Greek Society for Adolescent Medicine/Health

Raul Mercer
MD | Coordinator of the Program of Social Sciences and Health at FLACSO

Rita Moraitaki Pikrou
President and Managing Director of the National Evaluation Center of Quality and Technology in Health
GSAM Committee Ambassador against violence of minors and Children Rights

Heracles Moskoff
Secretary General for Vulnerable Persons and Institutional Protection, Ministry of Migration & Asylum - Greece

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Athina Passiou, Lawyer MSc and President of the organization THALPOS Mental Health, Ministry of Health

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October 10-12th 2024, N.K.U.A., Athens, Greece

Medicine and Epidemiology, National and Kapodistrian University of Athens

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Laura Reali, ECPCP President

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Indulaxmi Seeni, MD Resident Pediatrician, Children’s Hospital Los Angeles

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Antonios Vlassopoulos
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Regional Health Education Advisor for Eastern Europe and Central Asia, UNESCO

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Naeem Zafar
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Youth Council
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Dimosthenis Despotidis
Alexander Andrews
Eleni Pahnioti,
Filippos Archontovasilis
Nefeli Papageorgiou-Karadima
Nikolaos Baklesis
Sissy Paschalidi
Nikolaos Christopoulos
Smaragda Paschalidi
Ioannis Pitsakis
Andrianna Polymenakou
Ariadne. Safari