

Global Gender Gap Index top 10

1. Iceland
2. Finland
3. Norway
4. **Sweden**
5. Philippines
6. Ireland
7. New Zealand
8. Denmark
9. Switzerland
10. Nicaragua

Source: *World Economic Forum*





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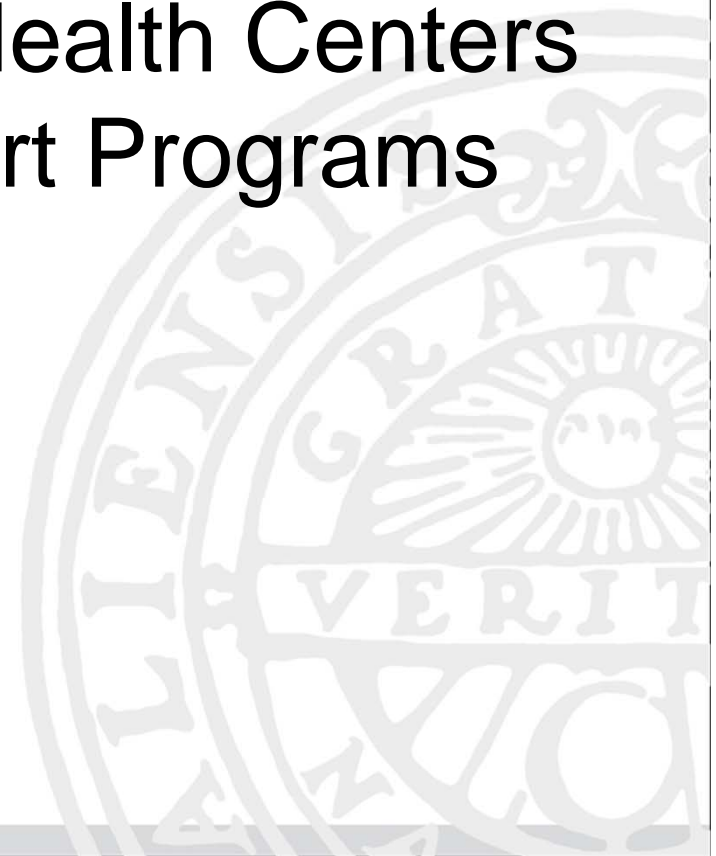


(In)equalities in Parenting Support for Fathers of Young Children in Sweden:

Looking at Child Health Centers and Parent Support Programs



Michael Wells
PhD Student
Social Pediatrics
Women's and Children's Health
Uppsala University





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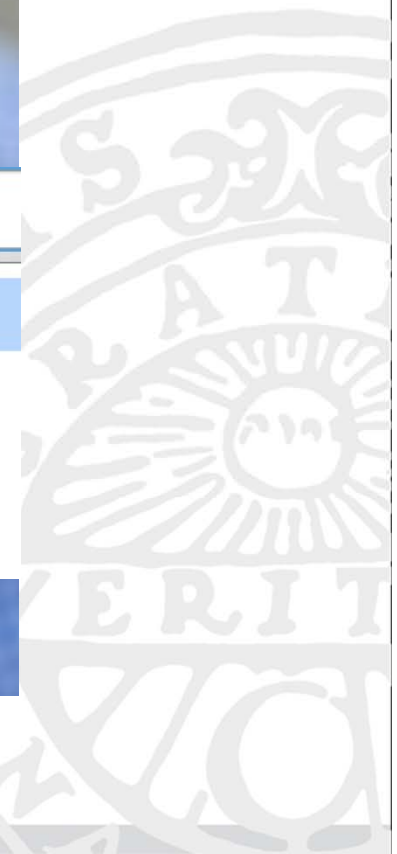
🔍 fathers are not

🔍 fathers are not - Google Search

🔍 fathers are not **necessary**

🔍 fathers are not **important**

🔍 fathers are not **necessary for children's well-being**



Father Involvement helps:

Maternal Health

- More pre-natal visits
- Decreased Anxiety & Depression
- Smokes Less

Paternal Health

- Greater Attachment
- Healthier Body

Child Outcomes

- Improved Psychologically & Emotionally
- Improved Social-Interactional Outcomes
- Improved Academic Outcomes

How do Swedish parenting experts treat fathers?





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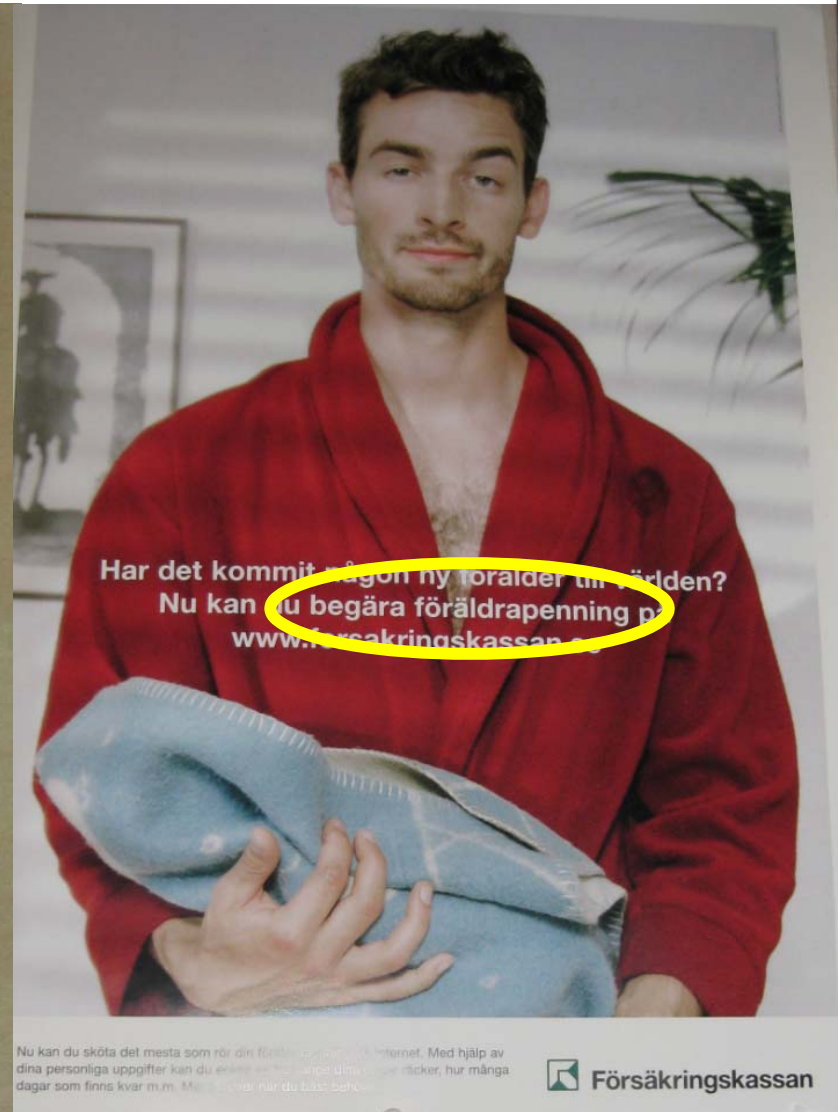




Child Health Centers: Maternal Representations



Child Health Centers: **Paternal Representations**



Interviewing Child Health Nurses



I think that many fathers feel that they are coming into a very female dominated world. So maybe they don't feel like they belong here, when all of the conversations are about, you know, about breastfeeding.

Parent Support Groups



Wells, M.B. et al. (2013) Swedish child health nurses' views of early father involvement: A qualitative study, *Acta Paediatrica*.

Literature Review

J Child Fam Stud
DOI 10.1007/s10826-011-9487-7

ORIGINAL PAPER

Do Father-Friendly Policies Promote Father-Friendly Child-Rearing Practices? A Review of Swedish Parental Leave and Child Health Centers

Michael B. Wells · Anna Sarkadi

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Abstract By reviewing the literature, we looked at how parental leave policies in Sweden have influenced two well-defined areas of early father involvement: participating in parental leave and at visits/activities at the Child Health Centers. Sweden has one of the most comprehensive and egalitarian parental leave policies in the world, permitting parents to take 480 days off of work, receive 80% of their pay for the first 15 months, and divide their leave however they see fit, barring that both parents receive

working hours, they are dominated by females (staff and mothers), and many conversations during the child's first year are directed towards mothers. Barriers for why father involvement is lower than mothers are discussed.

Keywords Sweden · Parental leave · Child health centers · Fathers · Public policy

Marketing Parent Support Programs



Projektet syftar till att undersöka om förskolan är en arena för föräldrastöd samt att utvärdera effekterna av Triple P, Programmet för positivt föräldraskap.

MÅLET MED INTERVENTIONERNA är att främja en positiv föräldra-barn relation och i ett tidigt skede upptäcka och bemöta beteendeproblem hos barn. Designen är en klusterrandomiserad kontrollerad studie där randomiseringen sker på förskolenivå. Totalt ingår 27 förskolor i projektet i Uppsala.

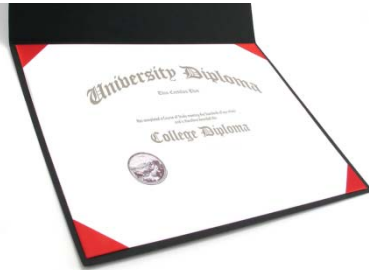


Who Participates?

Mothers



Swedish



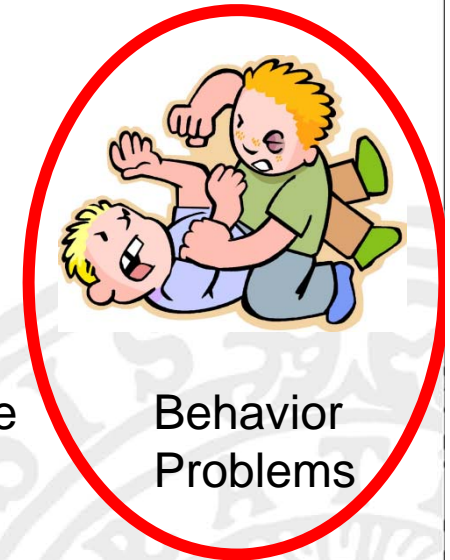
College Degree



Boy



Overreactive Parenting



Behavior Problems

Fathers



Emotional Problems



Stressed

Wells, Salari, & Sarkadi,
Manuscript

Föräldrastöd i förskolan 1/2010

Agneta tror på positivt föräldraskap

Under hösten 2009 har ett tjugotal förskolepedagoger i Uppsala utbildats i positivt föräldraskap. Agneta Carlsson-Nyberg är en av dem.
– Det har varit världens kick, säger Agneta entusiastiskt.

Våren 2009 startade projektet Förskolan som arena för föräldrastöd i Uppsala. Det innebär att förskolepedagoger utbildas i Programmet för positivt föräldraskap, Triple P.

FORSKNING INGÅR som en del i projektet och därför är de deltagande förskolorna indelade i två grupper, en grupp som tar del av Triple P nu och en grupp som får ta del av programmet om ett år. På så sätt kan man undersöka om programmet har någon effekt för föräldrarna som deltar, vilket är en del i att undersöka om förskolan är en lämplig arena för föräldrastöd. Om detta råder ingen



Agneta Carlsson-Nyberg, till vänster, har under hösten hållit seminarier för förskolornas föräldrar. Karin

Pedagoger med rätt att använda Triple P

Den 21
av
september
startar kursen



Agneta Carlsson-Nyberg,
Ulleråker



Birgitta Hagelin,
Dirigenten



Jenny Holmqvist,
Vintergatan



Karin Siraj,
Kastellet



Therese Strömberg,
Myrgången



Maud Akguder,
Berwald



Monika Andersson,
Ulleråker



Catarina Carlström,
Vintergatan



Anne Cribäck,
Ulleråker



Ronak Mohammed,
Kastellet



Adriana Olk,
Lingonbacken



Eva Svedner,
Myrgången



Ros-Marie Söderberg,
Uppsåvja



Ann-Kristin Blom,
Voksenåsen



Hanna Bränn,
Voksenåsen



Gudrun Engqvist-
Rostvåg, Västra
Stenhagen



Carina Ersson,
Årstaparken



Annelie Rasmussen,
Berwald



Iman Renno,
Berwald



Louise Wallberg,
Årstaparken



Eva Werner,
Lingonbacken

Meeting Paternal Needs

I felt that a lot of what they talked about during the first meeting was obvious to me; so it didn't give me anything. I didn't learn anything that I didn't already know (...) and therefore I lost the drive to continue.





Conclusions for Front Line Practitioners

🔍 mammor är

🔍 mammor är - Google Search

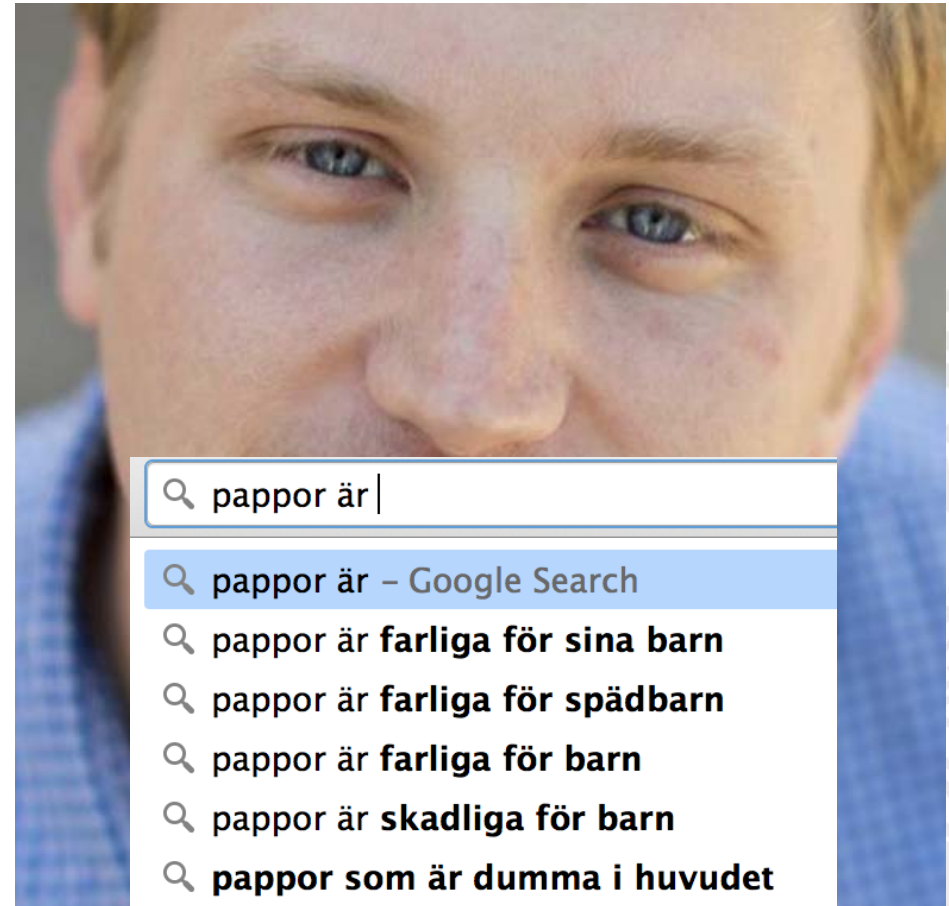
🔍 mammor är **som**

🔍 mammor är **bättre än pappor**

🔍 mammor är **som knappar**

🔍 mammor är **änglar**

🔍 mammor är **änglar i utbildning**



🔍 pappor är |

🔍 pappor är - Google Search

🔍 pappor är **farliga för sina barn**

🔍 pappor är **farliga för spädbarn**

🔍 pappor är **farliga för barn**

🔍 pappor är **skadliga för barn**

🔍 pappor **som är dumma i huvudet**

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Picture references:

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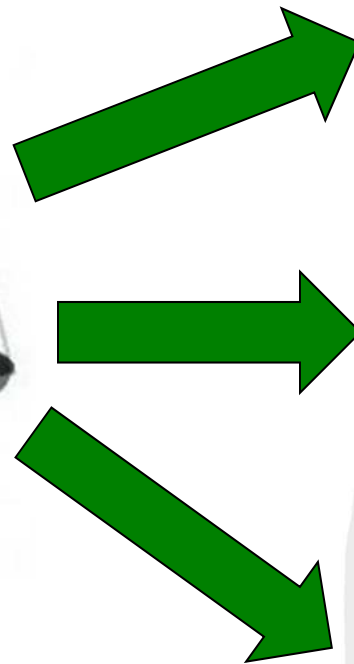
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8.	Germany
9.	Switzerland
10.	Netherlands

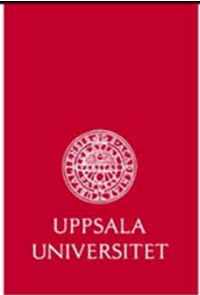
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- <http://planes-and-trains-planes2011.blogspot.se/2011/06/in-rnw-boeing-737-783-w-sas.html>



Why Care About Gender Equality?





Outline

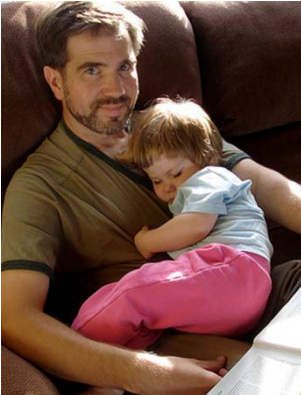
Environment

Children's Hospital



People

Fathers



Medical Staff



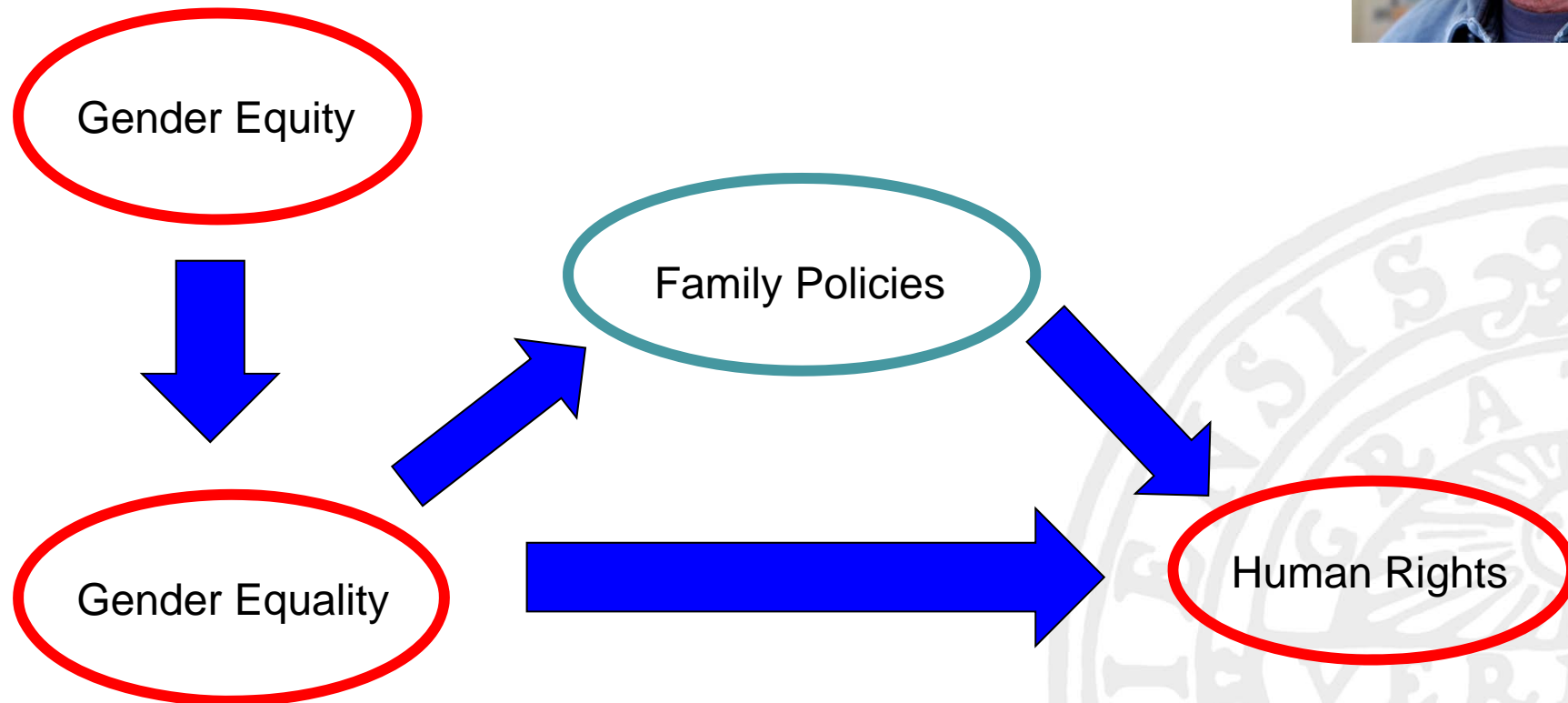
Child Health Centers



Mothers



Sweden: A Social-Democratic Model





🔍 gender equality is

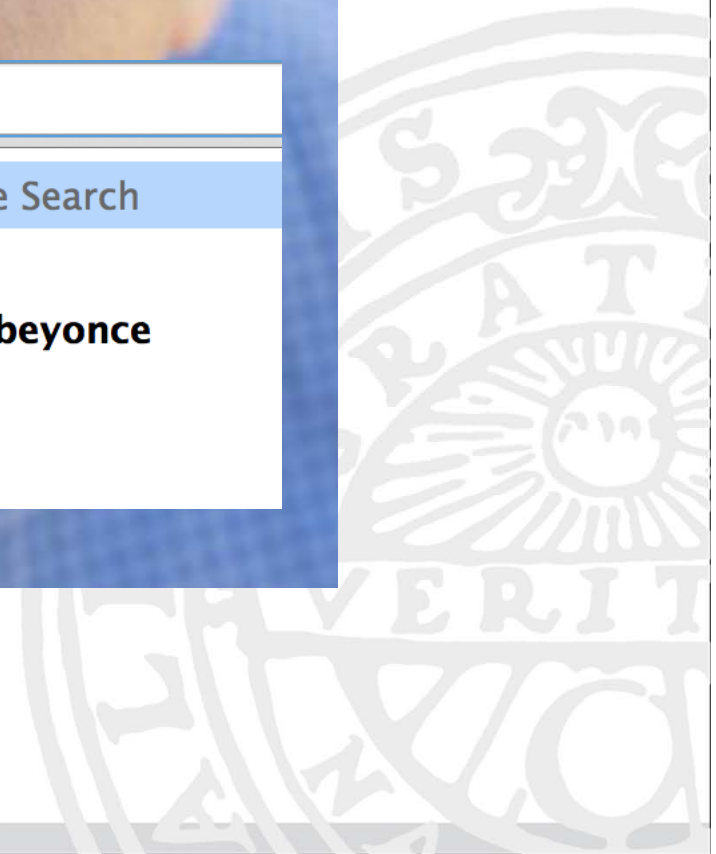
🔍 gender equality is – Google Search

🔍 gender equality is **a myth**

🔍 gender equality is **a myth beyonce**

🔍 gender equality is **bullshit**

🔍 gender equality is **bad**



🔍 swedens health care is

🔍 swedens health care is – Google Search

🔍 **sweden health care systems in transition**

🔍 fathers shouldn'

🔍 fathers shouldn' – Google Search

- 🔍 **fathers should not be in the delivery room**
- 🔍 **why fathers shouldn't change diapers video**
- 🔍 **why fathers should not babysit**
- 🔍 **why fathers should not change diapers**
- 🔍 **why shouldn fathers get paternity leave**

🔍 involving fathers in |

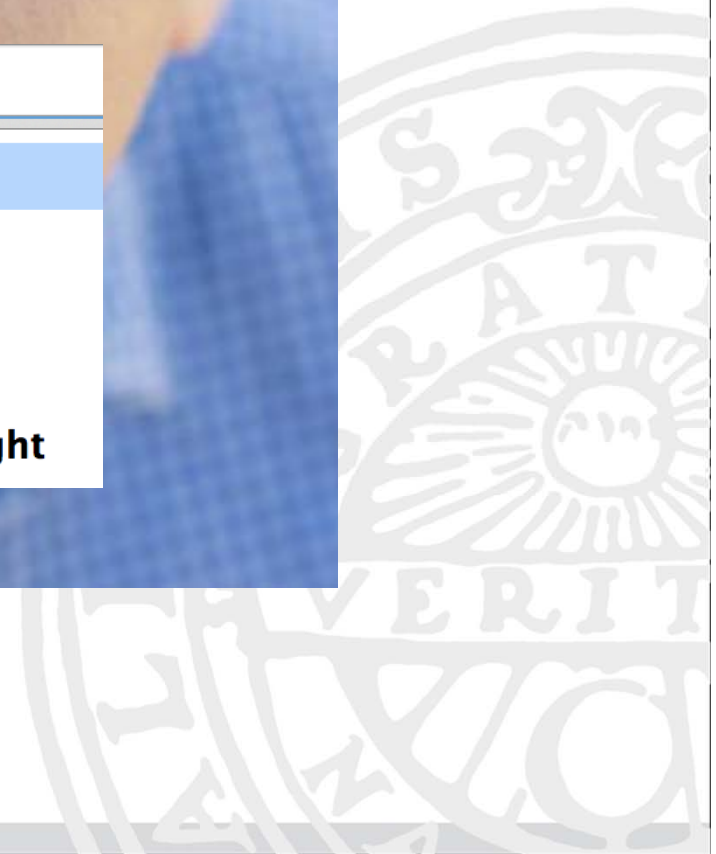
🔍 involving fathers in – Google Search

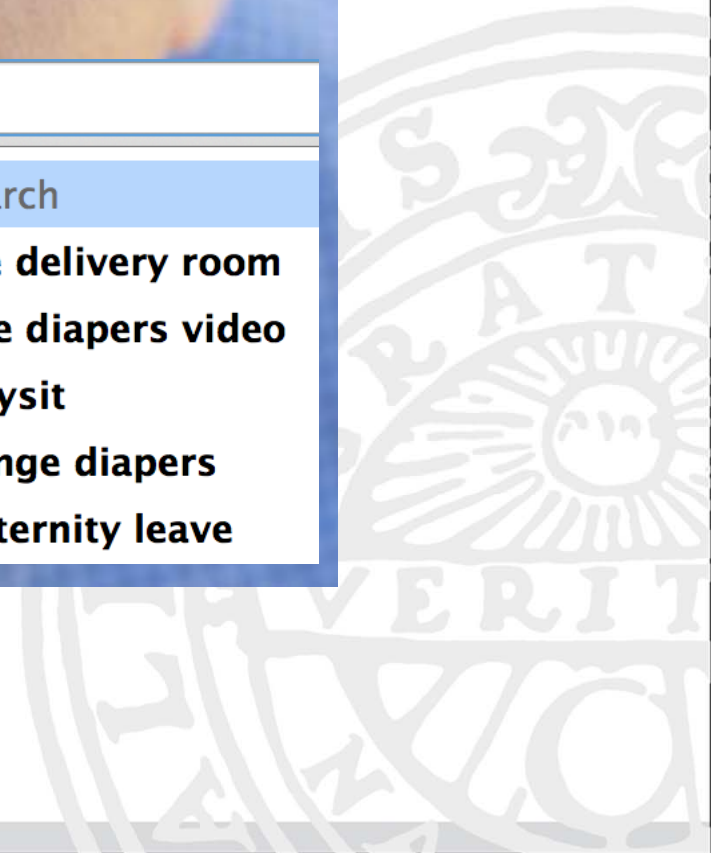
- 🔍 involving fathers in **education**
- 🔍 involving fathers in **early years settings**
- 🔍 involving fathers in **maternity care**
- 🔍 involving fathers in **pregnancy**
- 🔍 involving fathers in **parenting**

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- 🔍 health care is
- 🔍 health care is – Google Search
- 🔍 health care is **not a right**
- 🔍 **healthcare is a human right**
- 🔍 **healthcare is a right**
- 🔍 health care is **not a human right**







🔍 involve fathers in |

🔍 involve fathers in - Google Search

🔍 **how to** involve fathers in **pregnancy**

🔍 **how to** involve fathers in **early childhood**

🔍 **how to** involve fathers in **early years setting**

🔍 **how to** involve fathers in **education**

🔍 **how to** involve fathers in **breastfeeding**

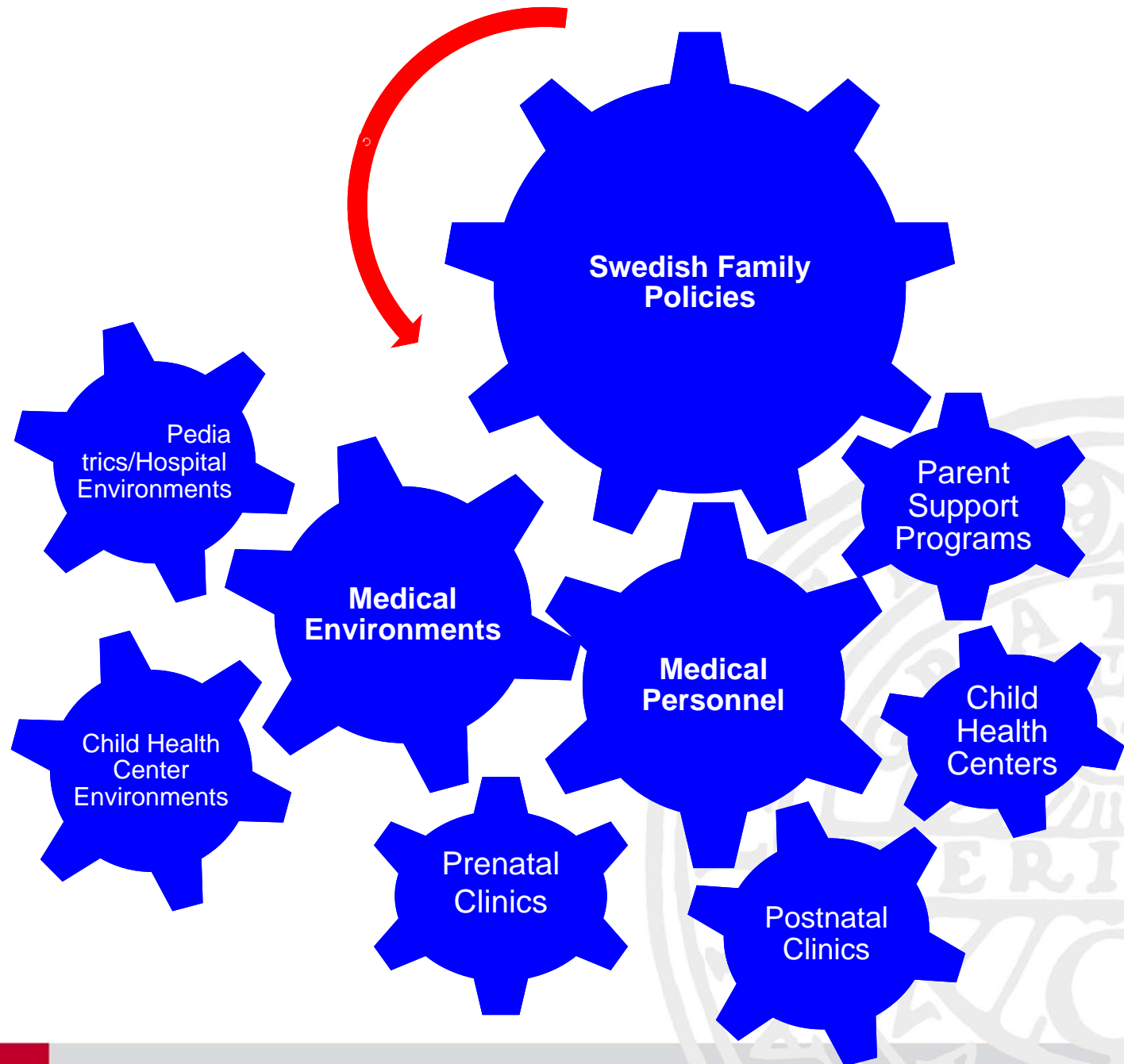


🔍 swedens health care is

🔍 swedens health care is - Google Search

🔍 **sweden health care systems in transition**





Father Involvement in Swedish Health Care



Fathers' Satisfaction: 827 Prenatal Swedish-speaking Fathers



Bogren Jungmarker et al. 2010



Mothers' Satisfaction: 2746

Postnatal Swedish-speaking Mothers



Hildingsson & Rådestad, 2005

Personnel Satisfaction:

Swedish pediatric diabetes team

*If dad attends, we are happy –
if mom doesn't, we become concerned*



Boman et al. 2013