

# Cultural and linguistic competence; health communication and promotion

Research Based Plattform for  
Migration and Health – MILSA

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International Society for Social Pediatrics & Child Health  
Annual Meeting 2017

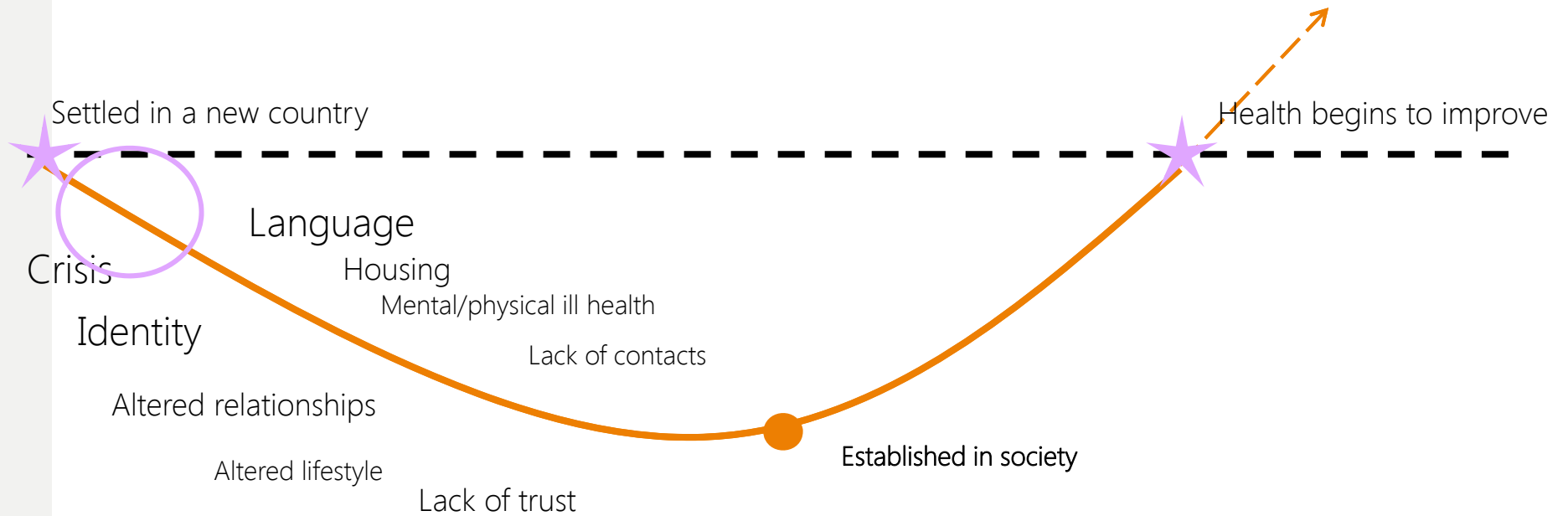


21 CAB acting on behalf of government



# Health curve for a new arrival

The migration process



More than 50% poor mental health

Many subjected to serious threats before migrating.

80% low trust to other people, especially interpreters and health care.

Dental health problematic.

Problems sleeping.

Overweight, physical inactivity, smoking.

Low knowledge of health care system.  
Unfulfilled needs for health care.

Difficulties reading, understanding, utilising health related information (complex health literacy).

1 in 5 outside labour market.

## **MILSA enquiry** **Feb 2015 – feb 2016**

Most report self perceived overall health in line with general population, i.e. good

Positive expectations for future, long term plans to stay.

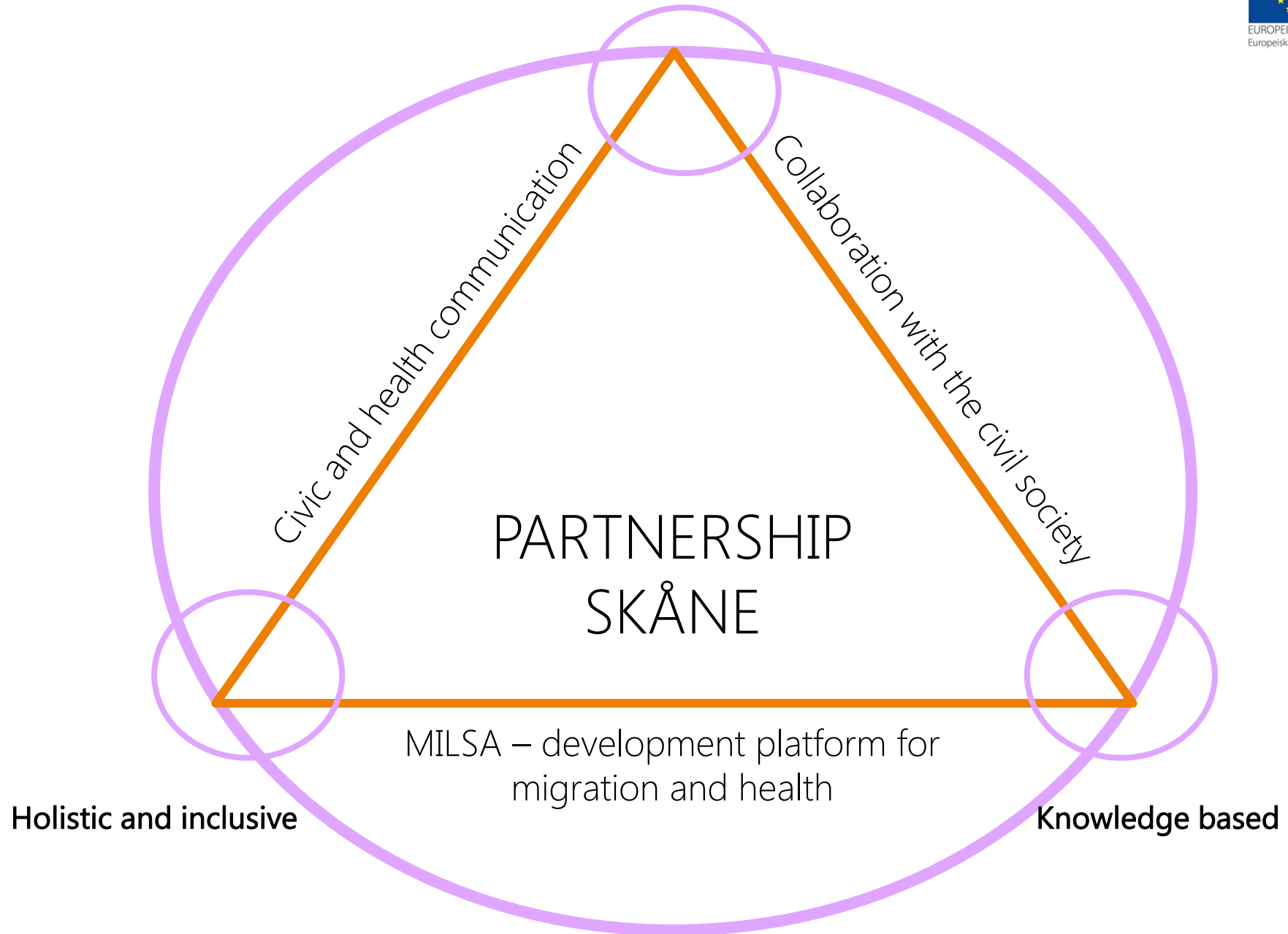
Self efficacy higher than average population.

**MILSA**



EUROPEISKA UNIONEN  
Asyl-, migrations- och  
integrationsfonden

# The needs and perspectives of the target group



# Partnership Skåne

A platform for holistic systemic collaboration and development

Based on accumulated experience and research

Addressing the different impacts of forced migration on health and wellbeing

Promoting the right to health and social inclusion



# Health in Partnership Skåne and MILSA

Understood as the process of enabling people to increase control over, and to improve, their health.

Focusing on individual, social, and systemic levels.



# The NAD Project Civil Society Organisations



Health as a human right  
and the view of that health also  
entails a right to the best possible  
chances of controlling your own  
adaptation to your surroundings

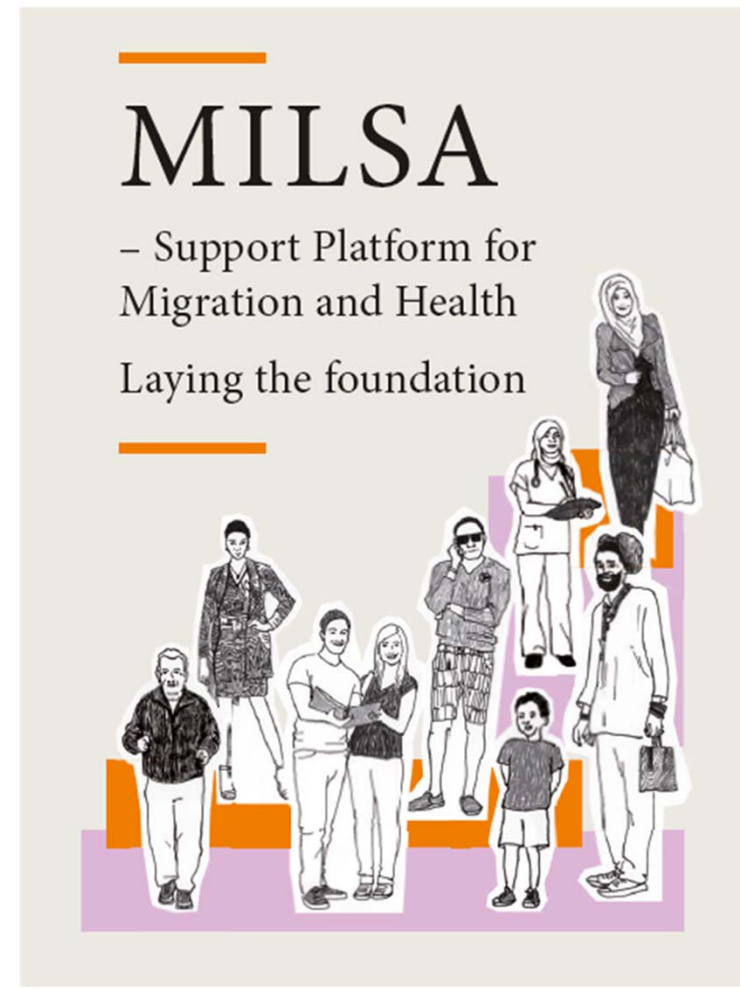
*MILSA anthology 2015*



# Health Communication

Health communication conveyed in the native language of the recipient is a way of meeting migrants' needs of knowledge acquisition and information.

The base of health promotion for migrants.

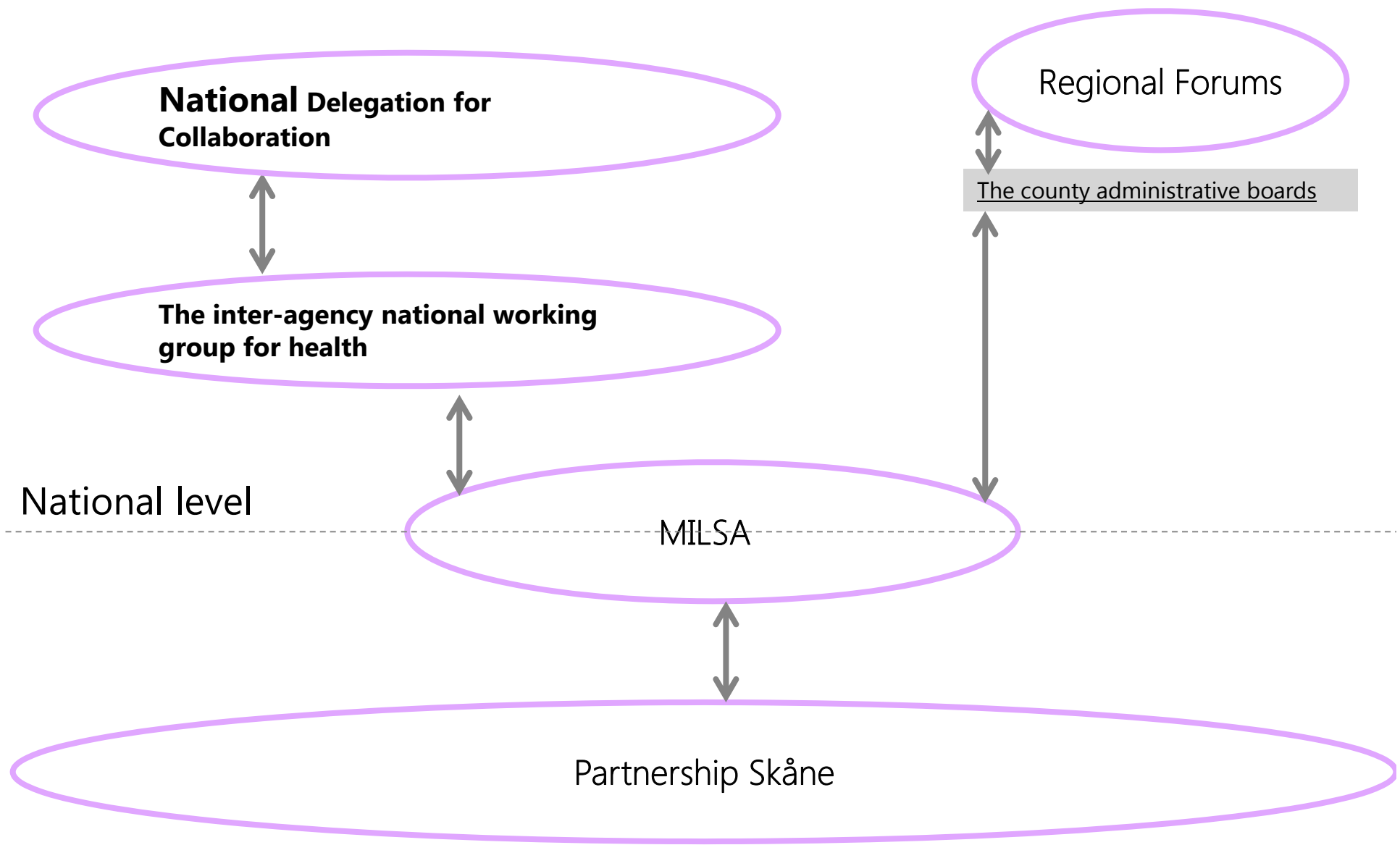


- 32 Themes
- 4 Modules
- 80 Hours
- Health integrated part



## Civic and Health Communicators





# National Capacity Building

Development of a national educational platform for culture sensitive health communication.

Involving local, regional, and national stakeholders, collaboration with six universities



Thank  
you!

