

Youth Health Care/ School Nursing

ISSOP; Bonn, 27-29th of September 2019

How can they influence the health of children and teenagers and help them to grow up healthy and happy?

Content

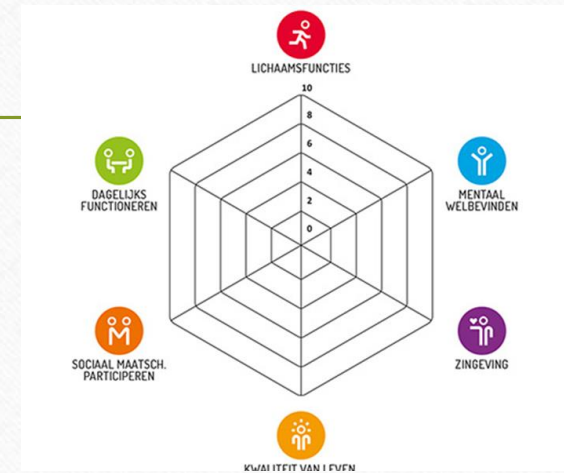
- Welcome and short introduction on the theme
- Practice in Flanders
- Practice in the Netherlands
- Practice in Germany
- Discussion



Definition of health

- Machteld Huber, 2012/2013
 - *“Health as the ability to adapt and to self manage, in the face of social, physical and emotional challenges”*
- Micha de Winter

“It takes a village to raise a child”



Youth Health Care in Flanders Belgium

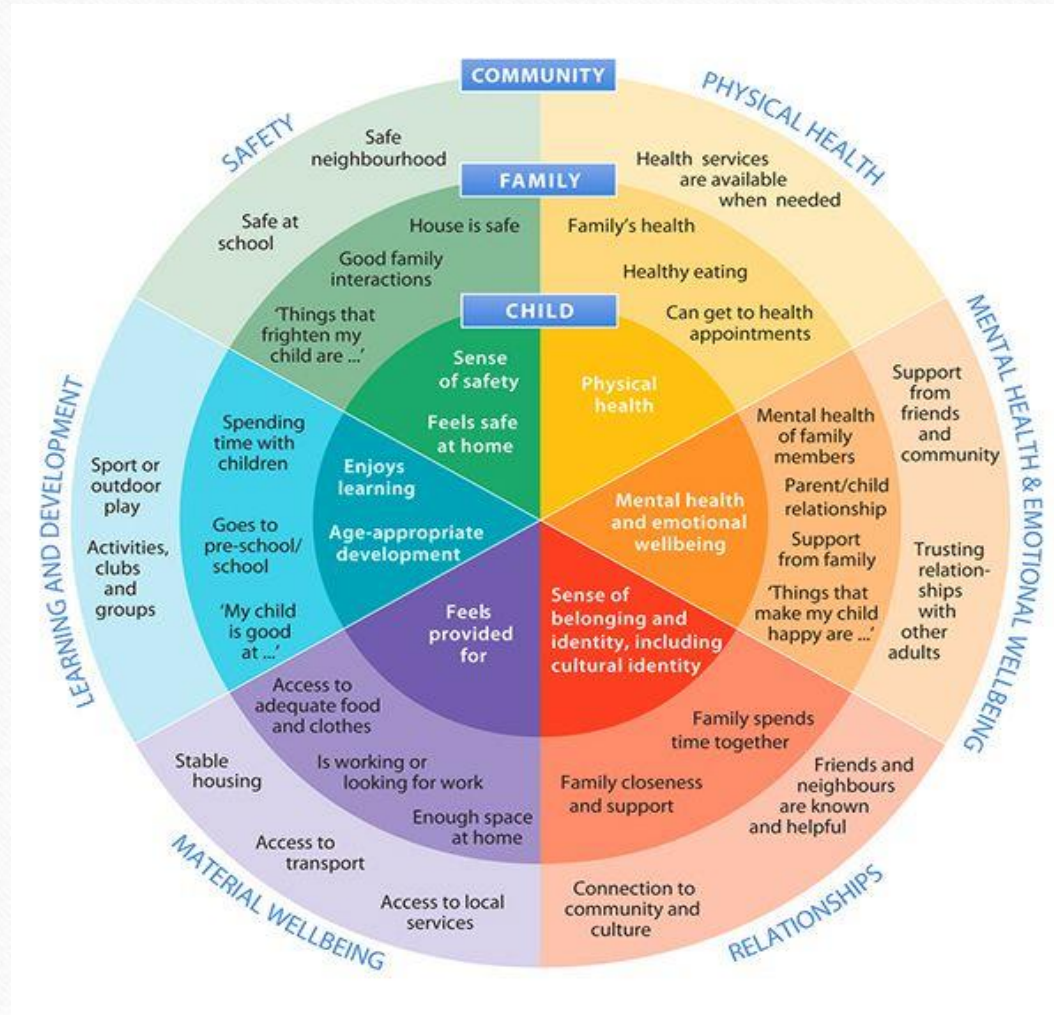
Monica Bulcke monica.bulcke@vwwj.be

Fabienne Theuwissen fabienne.theuwissen@vclblimburg.be

Youth Health Care in Flanders Belgium

Youth Health Care	Ministry	Professionals	Tools
0-3 years: K&G: Child and family care	Public Health	Nurse/midwife Youth Health doctor Volunteer Multidisciplinary team	Evidence based guidelines and interventions are available
3-18 years: CLB: school care	Education	Youth Health Nurse Youth Health doctor Multidisciplinary team	Evidence based guidelines are available

Bronfenbrenner



Proportionate universalism

= supporting all children and families according to their needs



Aiming for the same (universal) goals for every child, does not mean **doing** the same for every child



Aiming for the same (universal) goals for every child requires an **individual approach according to the needs** of the child

Youth Health Care in Flanders Belgium

YHC attained by two different organisations:

1. K&G/Child and Family care
2. CLB/School Health care
 - Systematic offer: 5 contacts between 3 – 14 years
 - Contact is obligatory
 - Demand-driven offer

Youth Health Care in Flanders Belgium

Preventive health care and family support

- Future parents and parents of children from 0 to 18 years
- Detect, identify and follow-up on health, development and child rearing risks
- Preventive health care (vaccinations)
- Support parents, families, youth with specific health, development and education needs

Youth Health Care in Flanders Belgium

K&G/Child Health Care

Child day-care

- Regulating child day-care
- Informing parents about childcare

Adoption

Child and School Health Care

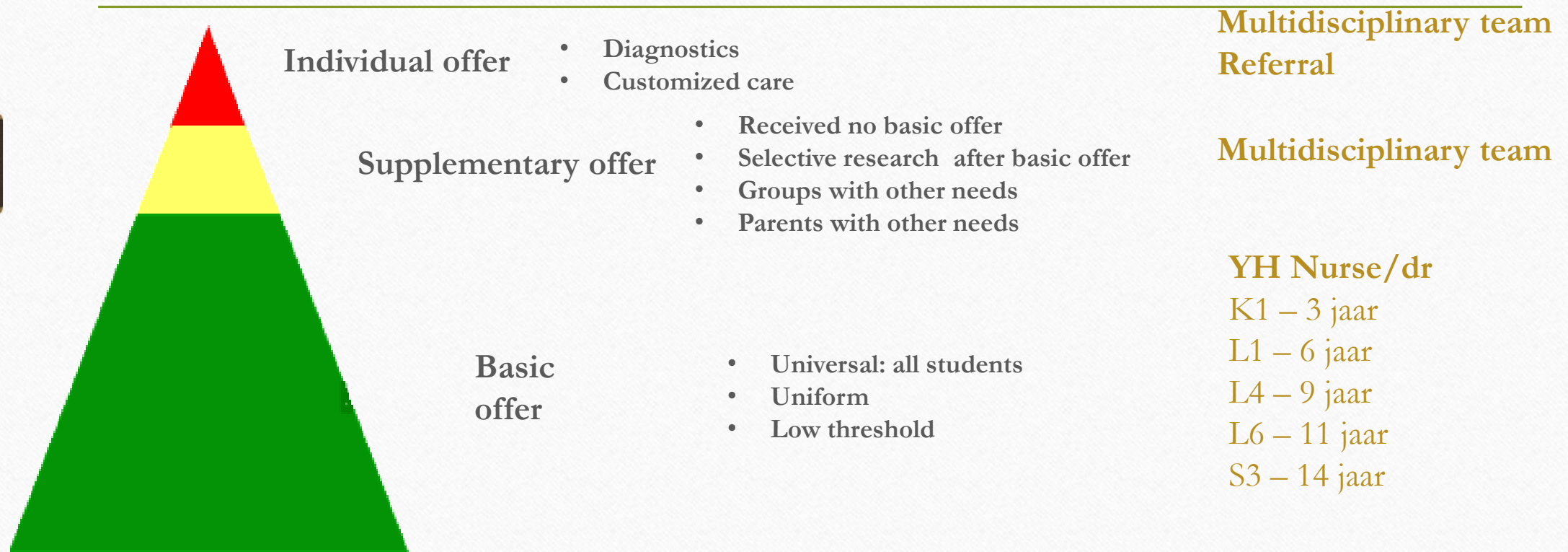
Child protection

- Crisis relief for young children
- Support for disturbed parenting situations
- Assistance in child abuse

K&G/Child Health Care

Contactmomenten	Richtleeftijd kind
startgesprek	tijdens of aan het einde van de zwangerschap
huisbezoek	0-6 weken na de geboorte
gehoortest 	2 weken
consult 1	4 weken
consult 2 	8 weken
consult 3 	12 weken
consult 4 	16 weken
consult 5	6 maanden
consult 6	9 maanden
consult 7  	12 maanden
consult 8  	15 maanden
consult 9 	24 maanden
consult 10 	30 maanden

CLB/School Health Care



Nursing tasks

- **Assessing** child development
- **Screening** (vision / hearing)
- **Monitoring** growth
- **Promoting** individual health and well-being
- **Supporting** parents in parenting
- **Advising** parents/schools on healthy learning and living environments
- **Promoting** school participation for children with specific needs
- **Collaborating** in multidisciplinary teams
- Etc.

Professional training

- Bachelor of Science in Nursing (4 years)
- No professional title for the 'youth health nurse'
- CanMEDS in nursing education program
- No specific Youth Health Care Nurse training program
 - Internship possible (11 weeks)
 - Internship guidance under development

Professional organisation

- Several national professional organisations:
 - 2 represent large groups of nurses
- Youth health nurses:
 - No official representation within the field
- ‘VWVJ’ – Flemish Association of Youth Health Care
 - 17 active members
 - ‘Profile of the youth health nurse’
https://www.vwvj.be/sites/default/files/jgz/jgz_-_pijlers/youth_health_nurse_profile_flandres.pdf



Youth Health Care in the Netherlands

Betty Bakker-Camu MCs, RN betty.bakker@adviezorg.nl

Law and guideliness

Youth Health Care in the Netherlands

- Youth Health Care is embedded in law
- Guidelines (N = 29) from 2009 until now

Wet Publieke Gezondheid (WPG), 2008
aanpassing Besluit JGZ, 1-1-2015
0-18 years

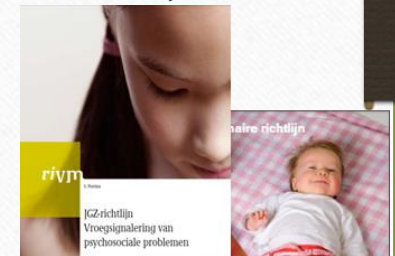


Wet Beroepen in de Individuele Gezondheidszorg
(Wet BIG), registrated professionals (quantity) and in
the KR (quality-register)

- Owners are the organisations of nurses, doctors and assistants

- Redaction:
National Centre of Youth Health Care

- Financed by the government



Tasks

Youth Health Care in the Netherlands

- Monitoring all children,
- Identify needs,
- Health promotion and prevention of illnesses,
- Strengthen self efficacy of parents and youth by advising, instruction and support,
- Identify and taking action in the environment,
- Collaboration.

Youth Health Care at school in the Netherlands

- Face to face contact
- Triage by questionnaires

Grade 2 Primary school
5/6 years (doctors/ assistants)

Grade 7 Primary school
10/11 years (nurses)

Grade 1 or 2 high school
12-14 years (nurses)

Grade 3 or 4 high school,
adolescents 15-16 years (nurses)



JOUWGGD.nl
Alles over gezondheid voor jongeren



Multitude vaccinations at 9 en 13 years

Also:

- Home visits
- Intervention against school Dropout (mostly by doctors at vocational education)
- Possibility to chat with nurses
- Parent/ school information evenings
- Multi disciplinary discussions in school support organisations and with government

Topics of discussion with nurses

Discussion topics with parents and children at primary school:

- Obesitas
- Fear of failure
- Loneliness/ no friends

Head lice

Bedwetting

Child abuse

Discussion topics with adolescents at high school:

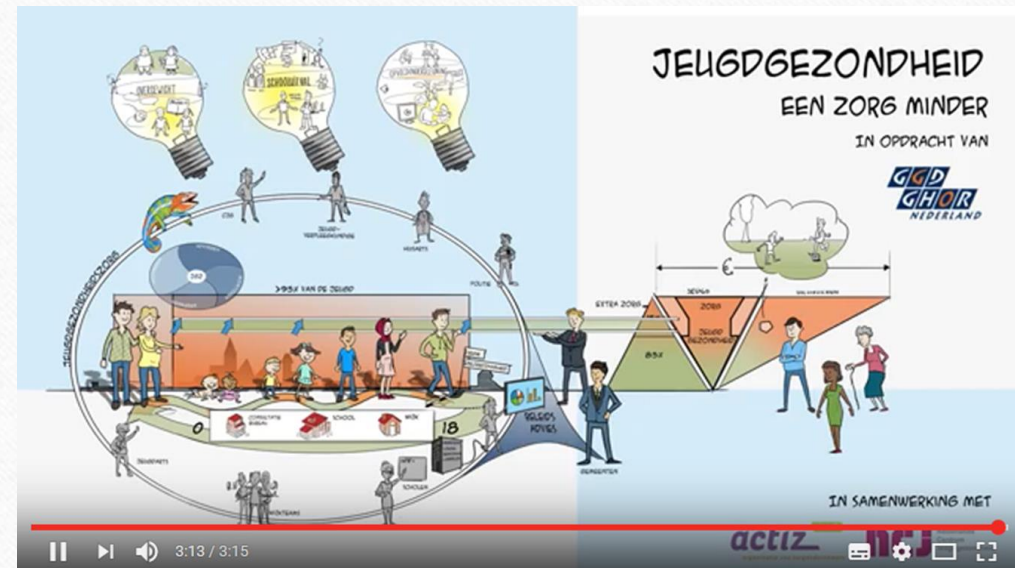
- Overweight
- Divorce problems
- Social media
- Bullying
- Depressive thoughts

Binge drinking

Smoking

An Image....

- “Youth health care, less concern”
- Teams of:
 - Youth Health Nurses
 - Youth Health Doctors
 - Assistants
- Different in each city



<https://www.youtube.com/watch?v=cdRxdp3SOzs>

Education of Youth Health Nurses

- Bachelor in Nursing;
4 years at University of Applied Sciences.
Project Nursing 2020
- Post-bachelor in Youth Health Care;
1 year, possible at two different institutes.
Not obligated.



COMPETENTIEGEBIEDEN
VERPLEEGKUNDIGE IN CANMEDS

Profile of Nursing

- Project Nursing 2020



- The tasks of the Youth Health Nurse described (2014)



A project with
100 YH nurses
5 regions

<https://bitly.nl/7LKjM>

Germany

Thank you for your attention!



We invite you....

Especially we invite
our colleague nurses!



SAVE THE DATE

The 20th EUSUHM Congress
Youth Health Care in Europe
11-13 September 2019

EUSUHM 2019

CHANGING CONTEXTS

Influencing youth and their surroundings

Location:
De Doelen, Rotterdam

www.eusuhm2019.com

Erasmus MC

AJN
JEUGDARTSEN NEDERLAND

The poster features a blue and green color scheme. At the top, it says 'SAVE THE DATE' in a white circle. Below that is the EUSUHM logo, which consists of three stylized human figures in blue, green, and yellow. To the right of the logo, the text reads 'The 20th EUSUHM Congress Youth Health Care in Europe 11-13 September 2019'. The main title 'EUSUHM 2019' is in large, bold, yellow letters. In the center, there is a graphic with the text 'CHANGING CONTEXTS' in blue and green, and a silhouette of a family (two adults and two children) standing in front of a green globe. To the right of this graphic, it says 'Influencing youth and their surroundings'. Below this, there is a photograph of a modern cable-stayed bridge (the Erasmus Bridge) in Rotterdam, with a city skyline in the background. At the bottom, there are logos for 'Erasmus MC' (with the Erasmus logo), a green medical symbol, and 'AJN JEUGDARTSEN NEDERLAND'.

Discussion themes

- Outcomes of Youth Health/ School Nursing
- Universal versus individual Youth Health Care
- Challenges facing transition of developing stages

Discussion-statements

Prevention is a uniform and accessible offer for every child

Prevention is a customised service offer (nature and frequency) for children being part of defined target groups

Prevention in School Health Care is support for the child and its family, regardless of the nature of the problem

Prevention in School Health Care is support for the child and its family IF the determined problems affect the functioning at school

The nurse works autonomous

The nurse works under supervision of a Medical Doctor

References

- Area of expertise of Youth Health Nurse, Betty Bakker-Camu MSc, RN, Marja van Kuppevelt VS, V&VN, 2014
- Profile of the Youth Health Nurse, Monica Bulcke e.a, Flemish Society of Youth Health Care, 2014