

„School Nurses“ – A new health care supply in Germany

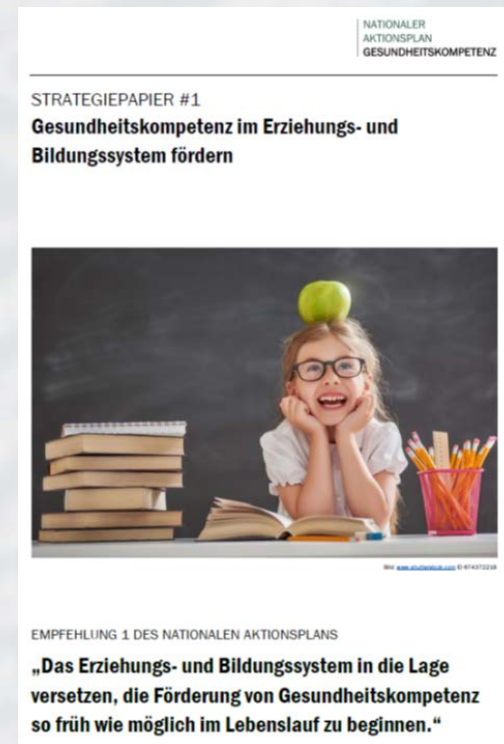
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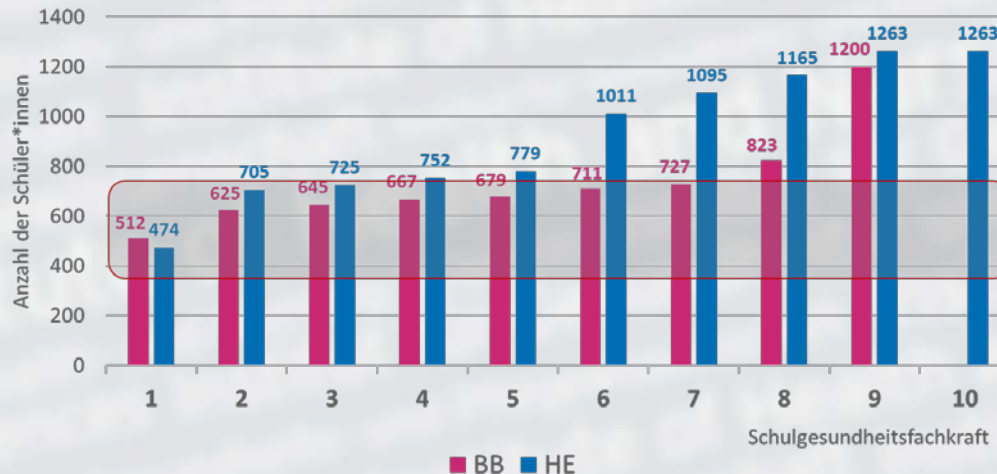
Background in Germany

- hardly no structures for (public health) nursing
- nurses still are mainly trained on vocational level and in traditional settings
- no (adequate) health care and health promotion in schools
- need for health care and chance for health promotion
 - all pupils spend much time in schools
 - social inequalities in health risks
 - changes in morbidity
 - health behavior and health literacy can be learned/ influenced



Milestones in a German pilot project: school health nurses

- 2013 – 2015 → feasibility study
- 2015 – 2016 → curriculum development
- 2017 – 2018 → implementation and evaluation
- 2018 – 2019/20 → extension of the project



„Self-profile“ Brandenburg (homepage)



**Schul
Gesundheits
Fachkraft**

AWO

Engl:

Protecting, be present, console,
trust, take care,
help, counsil, listen



„Self-profile“ Hessen (child postcard)



„Self-profile“ Hessen (parents flyer)



First findings

- need for acute care
 - high rates of utilization (up to 40/day)
- need for prevention and health promotion
 - nutrition, physical activity, media consumption, smoking, alcohol consumption, mental health care, health literacy
- broad variation of project topics
 - first aid, stress, healthy nutrition, pain, sexuality, infection,...
- high acceptance and trust (pupils)
 - discretion, general competencies, accessibility
- feelings of safety (parents and pupils) and perception of relief (teachers)

Conclusions → next tasks

- qualification should address complex needs of different target groups
- more standardised instruments and interventions
- number of staff should guarantee daily accessibility and consider number of pupils/ falls per school
- prioritisation of tasks and aims (first aid – prevention – health promotion-school development – counseling/education)
- more time to observe long term effects

contact

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